

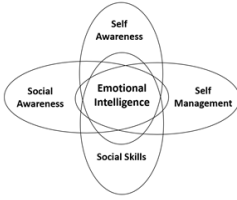
VALUES & CHARACTER DEVELOPMENT

040 SOCIAL SKILLS

Learner Materials

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2020





Values & Character Development

040 Social Skills

MODULE LEARNING OUTCOMES:

1. Describe Social Skills
2. Identify behaviors associated with setting-appropriate Social Skills

SOCIAL SKILLS

It may be obvious to some that individuals cannot do everything for themselves; people need people in every situation in life. The ability to build and maintain good relationships with other people becomes important in all aspects of society. Social Skills involve an ability for constructive Conflict Management, enhance interpersonal Networks, and provide Visionary Leadership. Individuals that have great social skills enjoy a better life no matter what life's challenges and opportunities present.

Social Skills

Read: What are Social Skills?

<https://www.skillsyouneed.com/ips/social-skills.html>

Read: 10 Social Skills Necessary for Success

<https://www.huffpost.com/entry/10-social-skills-essentials>

Read: 10 Simple Habits That Will Noticeably Improve Your Social Skills

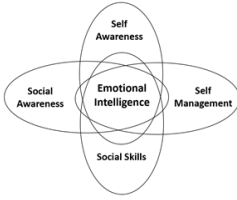
<https://www.inc.com/quora/10-simple-habits-that-will-noticeably-improve-your-social-skills.html>

Read: How to Improve Social Skills

<https://www.wikihow.com/Improve-Social-Skills>

Watch: Improve Your Social Skills in Under 30 Minutes, with Ramit Sethi

<https://youtu.be/1eOKwUOLLTE>



End of Module Questions:

1. Why would employers be interested in their staff having well-developed social skills?

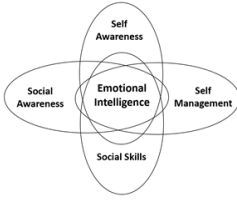
2. Identify three specific social skills that are important to you and your social group that you can either enhance or develop.

A. _____

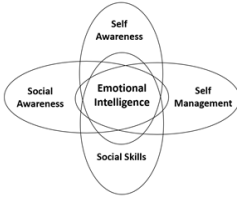
B. _____

C. _____

3. Why would you believe that your social skills identified in question 2 above would be beneficial?



4. In what specific ways will the ideas covered in this Social Skills module help you in your interpersonal relationships?



NAME: _____

DATE: _____

FACILITATOR / MENTOR: _____

DATE: _____

Check for and Apply Understanding:

1. Name four things individuals could do to develop their social skills.

- a. _____

- b. _____

- c. _____

- d. _____

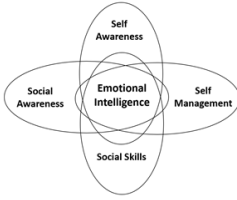
2. In reference to Question 1 above, select two things you will do to develop your own social skills and write exactly how you will achieve it.

- 1. _____

- a. _____

- 2. _____

- a. _____



3. In reference to Question 2 above and with the two things you will do to develop your own social skills, write exactly how you will intend to measure your success in applying it.

1. _____

a. _____

2. _____

a. _____
